



DIRECT ACTION WEEKLY UPDATE

AUGUST 31, 2020

Welcome to the DA weekly update, new and improved!

Ever-evolving, we're always open to constructive ideas. It's the last day of August, whatever that means in COVID times – do we track time anymore? Yes. I hope you have an opportunity this week to slow down and smell the leaves as they start to fall. Notice what's going on around you – the squirrels are squirreling hard and the drainage culvert up the street has been dredged to help the coming rain on its way to the ocean. Water, water everywhere, if you stop to think.

GENERAL UPDATES

A big welcome to our August participants: Alexandra, who started on August 17th and Katrice and Isabel, who both start today! To learn more about them and their Direct Action placements, check out our [Homepage](#).

NOTE: I (Samantha) will be helping the Ocean Bridge classic program from September 4-13, and I'll be gone again from September 17-21. I will have limited access to email during these times – if you have questions, concerns, or you'd just like to check in, you can contact Zana Mody, Manager, Direct Action at Zana.Mody@ocean.org. Questions about expense reports? Contact oceanbridge@ocean.org.

ACTIVITIES

If your placement has started and you haven't already posted your Baseline Reflection, take a look when you have time. For everyone, September 20th is a good date to aim for having it posted!

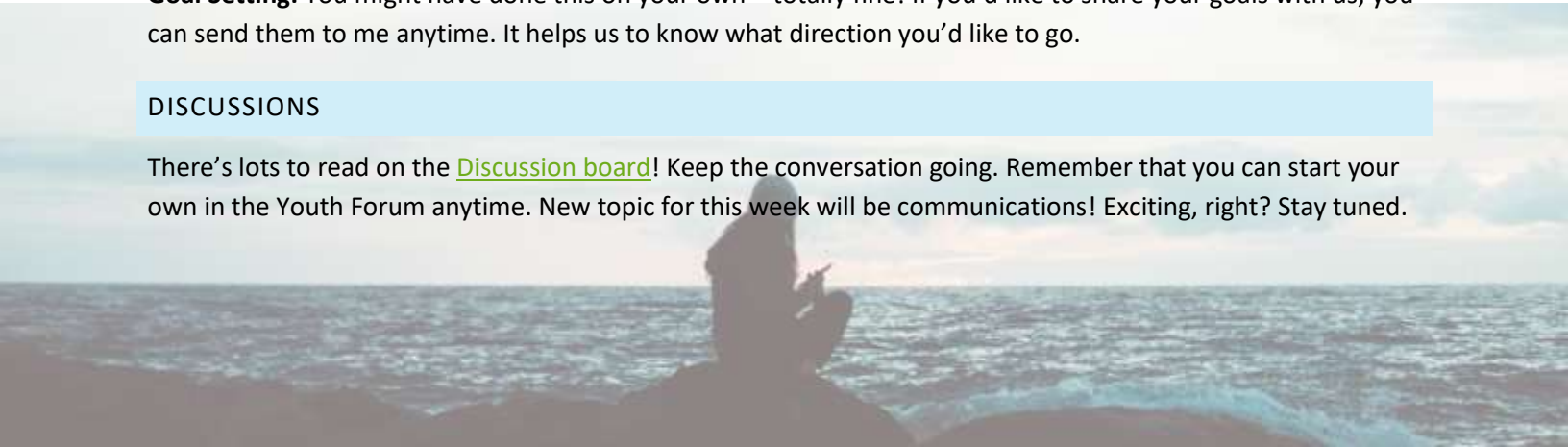
Photo Reflections: Post a photo to the [Gallery](#) – you can also add a brief description. There are some lovely ones of Porphyry Island in there; we want to see what you're up to!

Blogs: This page is filling up and we are enjoying your stories. Share as many as you like! What's important to you?

Goal Setting: You might have done this on your own – totally fine! If you'd like to share your goals with us, you can send them to me anytime. It helps us to know what direction you'd like to go.

DISCUSSIONS

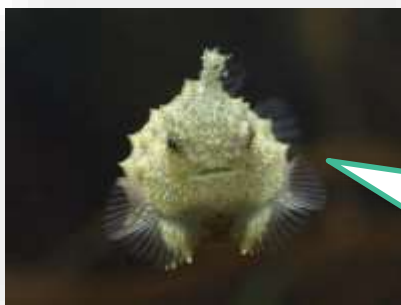
There's lots to read on the [Discussion board](#)! Keep the conversation going. Remember that you can start your own in the Youth Forum anytime. New topic for this week will be communications! Exciting, right? Stay tuned.





SAM SAYS...

Your mission, should you choose to accept it, is to follow my instructions. Like a socially-distant Simon Says. Since the real Simon is immersed in a forest on an island in Lake Superior, my Pacific Spiny Lumpsucker friend will tell you what to do.



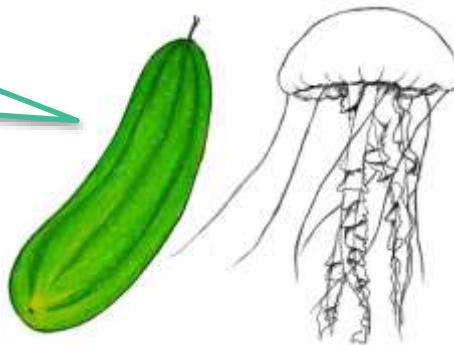
Go for a walk. Find something you do not know the name of: a rock, a tree, plant or leaf, a cloud, a birdsong...

Learn its name. New name and traditional name, if you can. What do they represent?

WEEKLY FUN FACT

A jellyfish and a cucumber are each 95% water.

High five, my hydrated friend.



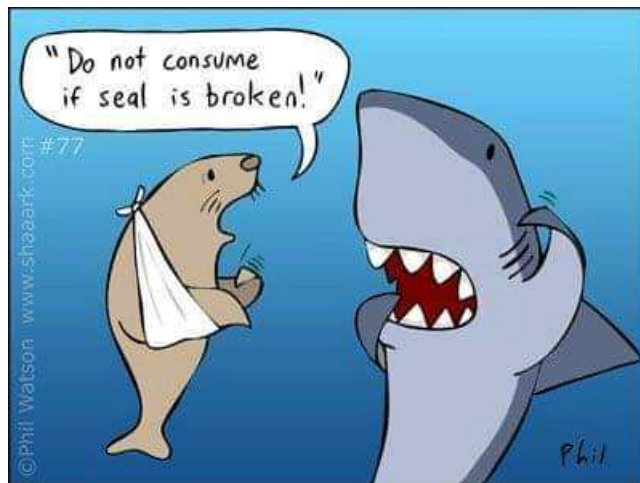
QUOTE OF THE WEEK

“Drinking the water, I thought how earth and sky are generous with their gifts, and how good it is to receive them. Most of us are taught, somehow, about giving and accepting human gifts, but not about opening ourselves and our bodies to welcome the sun, the land, the visions of sky and dreaming, not about standing in the rain ecstatic with what is offered.”

- Linda Hogan, *Dwellings*, page 43



LAUGH OF THE WEEK



Can you lick the science?

Chemistry: NO!!! DO NOT!!!

Geology: Sometimes needed, sometimes dangerous

Psychology: Best not

Physics: WTF??? How???

Zoology: In Zoology, science licks you.

Computer science: The tingle of electricity on your tongue is how you know it's working

Software engineering: Nothing else has made the code work so you might as well try

CONTACTS

Ocean Bridge staff are here to support you. Feel free to contact us with any questions, comments or concerns.

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Have an amazing week!