



## DIRECT ACTION YOUTH WEEKLY UPDATE

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NOVEMBER 9, 2020


Once upon a time, the currents in the world weren't certain. The wind had spun the signposts all around in a hurry and spinning, they pointed in every direction at once. We knew this would not last forever. Those of us who could dropped low, palms, hips and cheeks to the ground, and stayed there safe until the air cleared. We couldn't see the others, but we felt them there, too, safely distant.

As COVID-19 continues to swirl around you, please stay safe at home. This is not easy, but try to connect with where you are and where you are at. Learn [How to Be at Home](#) with this little film.

### GENERAL UPDATES

#### THIS NOVEMBER, DIRECT ACTION TAKES THE STAGE!

You are all doing incredible work. Whether you're somewhere new or at home, at a computer or researching on the ground, you're conversing, learning and playing crucial roles in conservation. Here's the opportunity to showcase your experiences!



Starting November 7<sup>th</sup>, each young leader will be given **ONE DAY (24 hours)** to do an *Ocean Ambassador Instagram Takeover*. This is a chance to showcase and share using the [stories function](#) on [@OceanWiseYouth](#) Instagram account!

You can also use your personal social media and tag/hashtag to share.  
#oceandirectaction #oceanbridge #leaderstoday

*[Click for schedule and to learn more \(PDF download\)](#)*

**We can't wait to see your stories!**





## ACTIVITIES

Guess what? We've merged our calendar with the rest of Ocean Bridge! This means that there's a whole lot more to see in the [Calendar](#), including National Calls, IOF seminars and more!

**THIS WEEK** November 11<sup>th</sup> at 12pm (PT) / 3pm (ET) join the Pacific Ocean Bridge Cohort on their **National Call** with Dr. John Iacozza. Check out the [Calendar](#) to register for free.

## SPINY SAYS...

Lessons from the Lumpsucker.



What's one activity that you love? That helps you hit reset? Reading, baking, walking, meditating... Set aside 2 hours this week just for that. Label it "Important Work" because it is.

## WEEKLY FUN FACT

**Fall colors depend on how much sugar is in the leaves.** Fall leaf colors are caused by [certain pigments](#) in the leaves, and different kinds of trees produce different pigments. Purples and reds are caused by the "anthocyanins" pigment, which is only produced in the fall when sugars are trapped in the leaves. Lots of dry weather and sunlight will lead to more sugars in the leaves, meaning the leaves will be brighter red. Freezing, meanwhile, stops the process of making red pigments.

Yum!

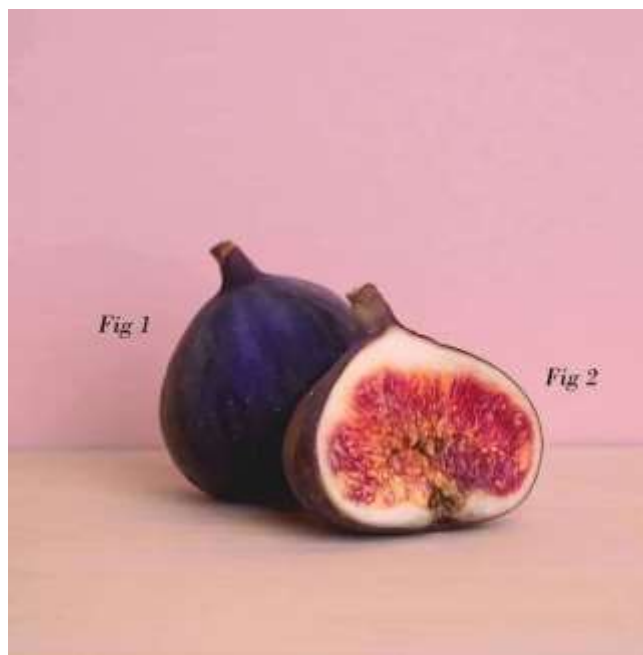


## QUOTE OF THE WEEK

"The mind is not a vessel to be filled, but a fire to be kindled."

- Plutarch

## LAUGH OF THE WEEK



## CONTACTS

Ocean Bridge staff are here to support you. Feel free to contact us with any questions, comments or concerns.

### **Ocean Bridge Administration**

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### **Office Hours**

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**Have an amazing week!**